



Supporting Young People: A Webinar Series for Parents and Teachers



“Promoting positive wellbeing in young people”

*7pm, 26th of April 2021
Professor Eilis Hennessy*



“How to talk to a young person about how they are feeling”

*7pm, 17th of May 2021
Dr Tony Bates, Dr Charlotte Wilson &
Professor Gary Donohoe*



“Managing School Stress”

*7pm, 10th of May 2021
Dr Elizabeth Charles,
Senior Educational Psychologist with NEPS*



“Compassion approaches for supporting young people”

*7pm, 24th of May 2021
Dr Ciara Mahon, UCD*



This is a free event series with limited places open to anyone interested in learning more about supporting young people and their mental health:

<https://www.eventbrite.ie/o/youth-mental-health-lab-ucd-amp-youlead-33130895137>

